

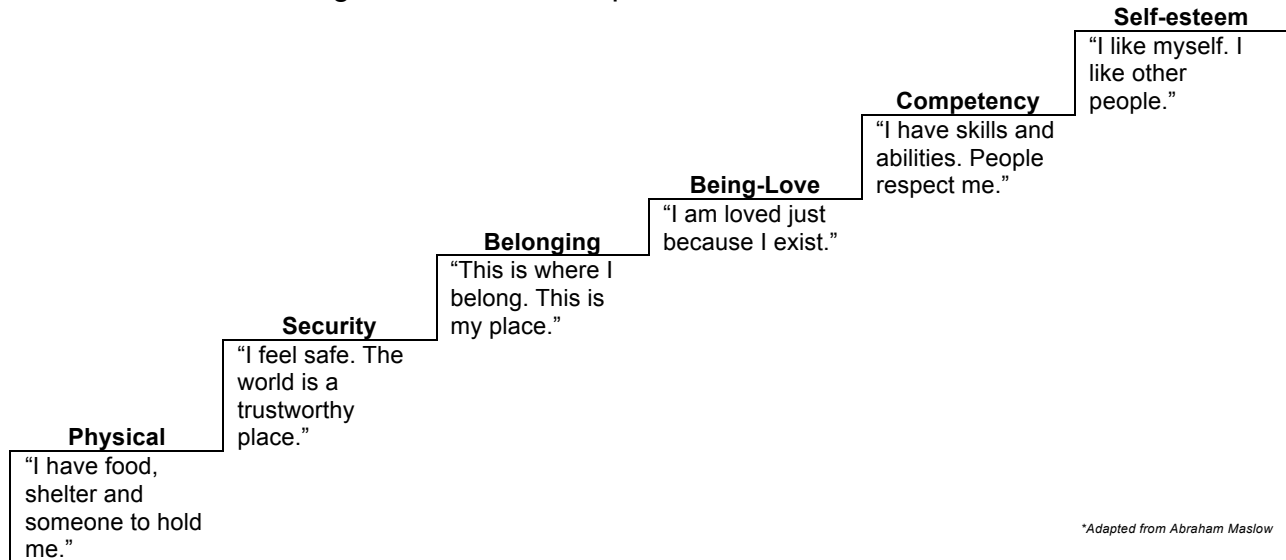
CARING DISCIPLINE

CHILD'S STAIRCASE OF NEEDS*

What Human Beings Need for Healthy Emotional Growth

Self-actualization

As the staircase strengthens, behavior improves.



WORKSHEET

TOTAL OF CHILD'S BEHAVIOR

Behaviors You Give Emotional Attention Will Continue

Positive	Neutral	Negative
<p>Pleases you – a joy for you</p>	<p>Child doing his or her own thing – not a problem for you</p>	<p>Angers or irritates you – a problem for you</p>

CARING DISCIPLINE

DESCRIBING PRAISE

<i>SITUATION</i>	<i>EVALUATING PRAISE EXAMPLES</i>	<i>DESCRIBING PRAISE EXAMPLES</i>
Mother to her five year old who has just wiped up his spilled milk:	"What a good boy!"	"You wiped up all the milk!"
First grade teacher to one of her students who is showing her his picture:	"What a beautiful picture!"	"Look at that! You used greens, blues, and reds. And lines that curve and squiggle!"
Music teacher to her girls' choir:	"That's the best job any class in this school has ever done on that song!"	"I especially like how your voices blended while you sang. I couldn't hear one single voice louder than the others."
Mother to Dad, who has just come home from work and is holding three-year-old Johnny in his arms:	"Johnny was super good today!"	"Johnny helped me feed the baby and change her pants, and he put the lunch dishes in the sink, too!"

CARING DISCIPLINE

EVALUATING PRAISE

Characteristics

1. Implies that one child has performed better than another. Tends to encourage rivalry and jealousy between children.
2. Emphasizes the end product of learning.
3. Temporary: Even if adults give a positive evaluation today, they can take it away tomorrow with a negative evaluation.
4. Encourages dependence on the opinion of other people for a sense of self-worth.
5. Is open to honest argument. If children think your judgment is in error or is an attempt to manipulate them, their inner integrity will not allow them to believe your evaluation.
6. Behavior may worsen if children feel compelled to prove to you that they are not as good as your evaluation of them.

DESCRIBING PRAISE

Characteristics

1. Accepts each child where he is and encourages cooperation among children.
2. Emphasizes the process of learning.
3. Permanent: No one can take away from the child the fact of what he or she has done.
4. Gives children the basic building bricks to build their own competency and self-esteem stairsteps.
5. Is not arguable because it is a statement of fact.
6. Behavior is likely to improve. Children do not have to defend their inner integrity by proving to you that you are wrong.

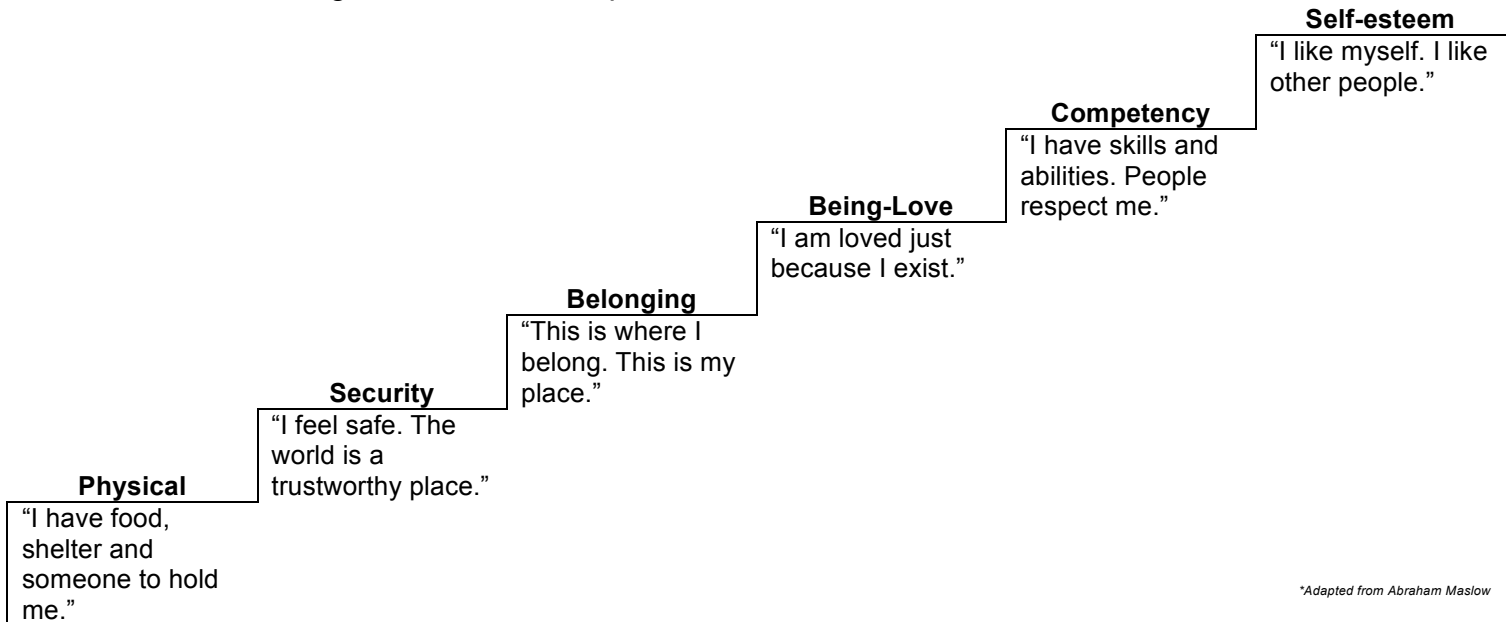
CARING DISCIPLINE

CHILD'S STAIRCASE OF NEEDS*

Self-actualization



As the staircase strengthens, behavior improves.



*Adapted from Abraham Maslow

CHILD'S BEHAVIORS: Behaviors You Give Emotional Attention Will Continue

Positive	Neutral	Negative
<ol style="list-style-type: none"> Adult gives nonverbal attention (eye contact, touching, smiles) Adult gives verbal attention (describing praise) 	<ol style="list-style-type: none"> Adult gives nonverbal attention (eye contact, touching, smiles) 	<ol style="list-style-type: none"> Not-minding (Physical assist, broken record) Self-indulgent (Ignore and either-or choice) Routine not-minding (Choices and consequences) Aggressive (Time-out)
Pleases you – a joy for you	Child doing his or her own thing – not a problem for you	Angers or irritates you – a problem for you

THE FOUR SELF-SABOTAGES

- Procrastination
- Talking and talking about the misbehavior. Act, don't talk. Carry out the correction and do not mention it again.
- Forgetting to give 4-1 attention (4 parts positive to 1 part negative)
- Negative scripting

Child Has Problem
Adult helps by: <ol style="list-style-type: none"> Adjusting the environment Teaching problem – solving and assertiveness skills Listening and accepting the child's inner reality

