

ROTB spiritual
nourishment



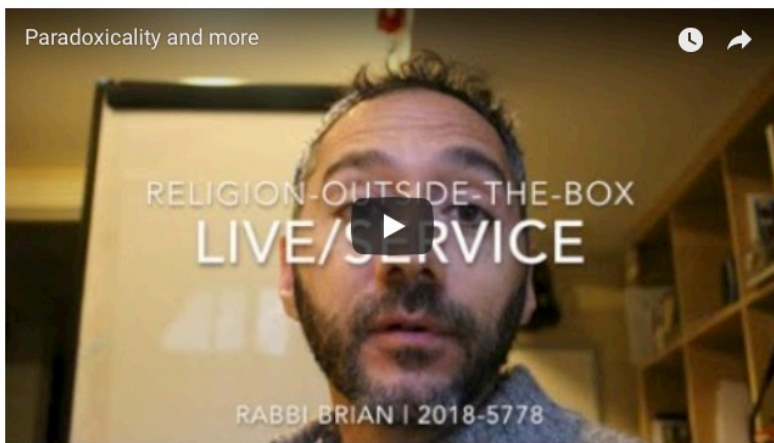
ROTB Board

11/15/17

Members at Large Meeting

Why now?

https://rotb.org/live_service_video_replay_paid/



A screenshot of the Rabbi Brian website homepage. The header features the name "Rabbi Brian" and the tagline "A modern-day rabbi with John Lennon's inclusivity and a Blues Brothers mission." The main content area includes a "Free Newsletter" sign-up, a featured article titled "Nevertheless, love" by Rabbi Brian, a "Welcome to Religion-Outside-The-Box" message, and a "2-MINUTE SPIRITUAL EXERCISES" section. The footer contains a grid of links to "Spiritual Direction", "podcast", "Free Newsletter", "Spiritual Fitness Self-Assessment", and "WISDOM VIDEOS".

Boards in General

- What have you liked about boards?
- What have you disliked?

Member at Large requirements:

- 77% Involved
 - Give \$
 - Advocate / Evangelize



Reports

What we have been doing:

- The 77% Weekly Newsletter
- 2-minute spiritual exercises
- Podcasts and web posts
- Services, classes, & counseling

ROTB opens people's eyes to religion and gives people different, practical, ideas, which makes me feel warm and fuzzy on the inside. At first, I wasn't sure how much one could glean from interacting on video, especially because it was kind of chaotic as everyone was still joining for the first 5 min, but I was surprised at how much I had learned during the take-always at the end. Everyone was engaged, and when you called on people to share who were not expecting it, they didn't just make something up on the spot. Everyone actually did some spiritual yoga last night! I was not really expecting the level by which it affected people.

- Dana S., Short Hills, NJ



Reports

What we plan on doing (2018):

(1) **curb** burnout among professionals with simple, spiritual tools –

COURSES, WORKSHOPS, MODULES ARTICLES, AND TALKS IN PRACTICAL SPIRITUALITY

(2) **connect** parents and tweens through spiritual practices –

DEVELOP AND RUN 16-WEEK COURSE IN CONJUNCTION WITH MASTER EDUCATOR TO HELP PARENTS AND CHILDREN

(3) **support** incarcerated adults seeking peaceful lives

WORK WITH JAMES WILSON AU-5200 – HIGH DESERT STATE PRISON – ON T.R.Y. (TRULY REDEFINE YOURSELF) PROGRAM

(4) **teach** therapists how to resource the spiritual realm

BRING WORKSHOP TAUGHT BY PRIEST AND RABBI TO 100 THERAPISTS. GODANDTHERAPY.COM

(5) **help** other “outside the box” religious leaders do good works

CONSULT AND PROMOTE OTHERS TO DO MINISTRIES FREE OF HATE, DOGMA, AND RESTRAINTS

(6) **reach** 100,000 people with semi-virtual services & live talks

WIDEN THE AUDIENCE FOR EVENTS, LIVE IN PERSON AND ON THE WEB



Mission Moment

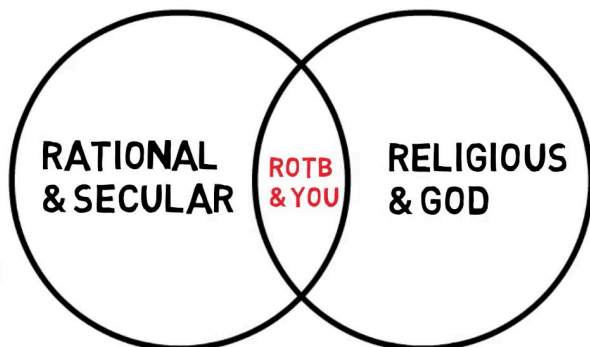
What

- **nourish** spiritual hunger of religious seekers, the spiritual-but-not-religious, religious progressives, atheists, and nones
- **empower** adults to be the authority of their own spiritual-religious lives

How

- offer programs to help deconstruct previous negative religious experiences and reconnect adults to healthy religious lives
- bring ancient wisdom to modern lives with programs that are **novel, accessible/simple, engaging, and practical**

ROTB & YOU1.mp4
Status: Downloaded
Mini-OpenVideo.com
Control-click for menu



ROTB = RELIGION OUTSIDE THE BOX

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How you help

- Donations
- Recruit people
 - FB
 - Email
- Two-people to tell



Next meetings

- **Jan** – Outreach
- **March** – Who do you know?
- **May** – Board Dinner/Luncheon
- **July** – Ask-a-thon
- **September** – Thank-a-thon
- **November** – Gratitude / New members

